



Moolanda Cafe

TERM 4 2022 Tuesday only

Online orders preferred. Download QKR! from your app store. All orders must be placed by 9am.
Tuesday only menu 8:15am to 12pm.



Volunteers appreciated and welcome anytime – Jenny on 0473620736. Recipes and product information available on request.

10am Brain Break

Carrot Sticks	\$0.80
Cheese & Crackers	\$1.30
Boiled Egg (peeled)	\$1.30
Apple Slinky	\$1.70
Seasonal fruit cup	\$3.00
Vanilla Yoghurt	\$1.70
Fresh popcorn	\$1.00
Yoghurt & fruit sticks	\$3.00
Fruit sticks & hommus	\$3.00
Snack Box	\$3.50

Tuesday Special

Sushi-Teriyaki & Lettuce	\$4.50
Sushi- Crumbed Chicken & Lettuce	\$4.50
Sushi- Vegetarian	\$4.50
Sushi- Tuna & Lettuce	\$4.50

Everyday lunch 1 only

Crumbed chicken wrap with lettuce & cheese	\$6.00
Crumbed chicken wrap with full salad/cheese	\$7.00
Bacon & Egg burger w cheese & tomato sauce	\$5.50
Beef burrito - savoury mince with rice & cheese	\$5.50

Hot Dishes

Macaroni & cheese	\$5.70
Fried rice with bacon	\$5.00
Fried rice - vegetarian	\$4.00
Butter chicken & rice	\$5.70
Lasagne	\$5.70
Lasagne & salad	\$6.70
Spaghetti bolognese	\$5.70
Pumpkin Soup	\$4.00

Rainbow salad & cheese wrap	\$5.00
Ham & salad wrap	\$7.00
Chicken & salad wrap	\$7.00
Egg, lettuce & mayo sandwich	\$5.00
Tuna & mayo	\$5.00
Cheese toastie	\$3.50

Gluten Free Toasties

Bacon & Egg burger w cheese & tomato sauce	\$5.70
Cheese & tomato sandwich toastie	\$4.90
Chicken & cheese sandwich toastie	\$4.90
Ham & cheese sandwich toastie	\$4.90

Pita Pocket

Ham & cheese toasted	\$5.70
Chicken & cheese toasted	\$5.70
Ham & salad pocket	\$6.90
Chicken & salad pocket	\$6.90

Snacks

Carrot Sticks	\$0.80
Cheese & Crackers	\$1.30
Boiled Egg (peeled)	\$1.30
Apple Slinky	\$1.70
Seasonal fruit cup	\$3.00
Vanilla Yoghurt	\$1.70
Fresh popcorn	\$1.00
Gluten free chocolate slice	\$1.50
Pikelets with raspberry jam (2)	\$1.50
Vanilla custard	\$1.70
Garlic Bread	\$1.00
Fruit sticks & yoghurt	\$3.00
Vege sticks & Hommus	\$3.00

Each week there is a variety of home made slices/muffins/biscuits available.

Sandwiches, Wraps & Toasties

Vegemite or jam	\$2.50
Cheese & Tomato toastie	\$4.90
Ham/Chicken & cheese toastie	\$4.90



Drinks

Milk - plain 250ml \$1.50

Milk - Flavoured 250ml - Chocolate, cookies & cream, strawberry, caramel, banana, vanilla, blue heaven, mango & lime green \$2.50

Water - 600ml \$2.00

Apple/orange juice - 250ml \$2.00

Hot chocolate \$2.50

